

British Universities Life Saving Clubs' Association



National Student Championships
2024 Information Pack



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Event Details

Contact Information

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Addresses

Venue	The Alan Higgs Centre Allard Way Coventry CV3 1HW
Social/Saturday night food, for clubs that requested only	Bella Italia Coventry Belgrave Plaza 4 Upper Well St Coventry CV1 4BF
Accommodation	Canley Community Centre Prior Deram Walk Coventry CV4 8FT



Costs

Entry Costs

Squad Entry	£65.00 per person (Whole Weekend)
Individual Entry	£7.50 per event (Saturday Only)
Relay Entry	£20.00 per relay event (Saturday Only)

Additional Costs

Accommodation	£7.00 per person for two nights £4.00 per person for one night
Spectator Ticket	£5.00 per person per day Tickets can be bought on the day but must be paid in cash only.

Merchandise

T-Shirt	£16.00
Swimming Hat	£8.00
Lanyard	£2.50

There will be limited merchandise available for purchase during the weekend.



Programme of Events

Friday

Please ensure all required documentation has been provided and payments made before 23:00 on Friday 1st of March.

Event	Time	Location
Online Registration Closes	23:00	Online
Accommodation Opens	21:00	Canley Community Centre

Saturday

Please enter Alan Higgs via the main entrance. On the day registration will be in the reception area.

Event	Time	Location
Accommodation Exit	8:00	Canley Community Centre
Registration	9:30-10:30	Alan Higgs Centre
Warm Up	10:30-11:00	Main Pool
Events: 4x10m Line Throw Relay 12.5m Line Throw 200m Obstacles 4x50m Obstacles Relay	11:15-13:00	Main Pool
Officials Break/Lunch	13:00-13:30	
Events: 50m Manikin Carry 4x25m Manikin Carry Relay 100m Manikin Carry with Fins 100m Rescue Medley	13:30-16:00	Main Pool
Officials Break	16:00-16:15	
Events: 4x50m Pool Lifesaver Relay 200m Super Lifesaver 100m Manikin Tow with Fins 4x50m Rescue Medley Relay	16:15-19:00	Main Pool
Tidy / Change	19:00	Pool area
Accommodation Opens	21:00	Canley Community Centre
Social	20:00-22:30	Bella Italia Coventry



Sunday

Please enter via the main entrance. On the day registration will be in the reception area.

Event	Time	Location
Accommodation Exit	6:30	Canley Community Centre
Registration Opens	6:30	Alan Higgs Reception
Isolation Closes	7:00	Alan Higgs Centre
SERCs Start	8:00	SERC room and main pool
Officials Lunch	12:00	
Events: 4x12m Line Throw Relay 4x100m Swim and Tow Relay	12:30	Main pool
Tidy / Change	14:00	Pool area
Results and Awards	14:30	Function Room 1
Finish	16:00	

All teams will require a **FULL FIRST AID KIT** for both SERCs.



Pool Information

Dimensions

Length: 50m

Width: 8 lanes

The Venue

For any information regarding the centre please visit their website <https://cvlife.co.uk/alan-higgs-centre/>

There is a spectating balcony. Spectators and competitors may use any area of the stand, but they must ensure that they are not wet when outside of the changing rooms and poolside area, particularly when using the stairs.

Accommodation Information

General Information

The accommodation venue is Canley Community Centre.

The Centre is a 15 min drive from Alan Higgs. Please note this is not walking distance. The directions and map can be found through this link.

<https://www.google.com/maps/dir/Canley+Community+Centre,+Prior+Deram+Walk,+Coventry+CV4+8FT/Alan+Higgs+Centre,+Alan+Higgs+Centre,+Allard+Way,+Coventry/@52.3840424,-1.5986969,12z/data=!3m2!4b1!5s0x48774980548d136d:0x3cdd1593acf6b106!4m14!4m13!1m5!1m1!1s0x48774b27ef0e11c9:0x430b5182eb651aef!2m2!1d-1.560664!2d52.3945583!1m5!1m1!1s0x48774978929ef807:0xc93405e335acc537!2m2!1d-1.4713889!2d52.3925!3e0?entry=ttu>

Please respect the rules of the venues. Clean up all litter and dispose of it in the appropriate manner. Ensure toilets are left clean and tidy. Return any moved furniture to its original position. Respect the locals in the area by keeping noise to a minimum. Smoking is forbidden in or around the buildings. Alcohol and illegal substances cannot be brought onto the premises.

In the event of damage, the individual who caused it will be liable for any repair or replacement costs. Furthermore, failure to adhere to the above rules may result in the individual and affiliated club being disqualified from Champs 2024, with further disciplinary action possible.

Accommodation opens at 21:00 on both nights. Both Saturday and Sunday mornings, the venue must be vacated by 8:00 am. Belongings are **NOT** to be kept at any of the venues through Saturday. All items must be stored elsewhere. We recommend within vehicles.



Registration

Friday

The following must have been completed by 23:00 on Friday 1st March 2024. Failure to do so may mean you are unable to compete.

- All payments must be paid
- Counting squad members must be declared
- Record Attempts form for those wishing to break a record
- Photography form
- Diving form
- Equipment List form
- Online registration

Please contact the competition organiser if you are unable to do so by the required date. Links to the respective forms, can be found here:

Records Attempts form – <https://forms.gle/PiVUxP626UC5dtso7>

Photography form – <https://forms.gle/Q6fwecStNVfQirZ47>

Diving form – <https://forms.gle/rxQ14NrPtJPKeYuX6>

Equipment List form - <https://forms.gle/JhrwK2ykXxViVNwZ8>

Online registration: <https://forms.gle/tix4ssZooVAnbSz8A>

Equipment must be 'signed in' by a responsible individual. You are expected to bring the items declared on the Equipment List form. You must declare any additional items provided. **Please ensure that any equipment you bring is clearly marked and identifiable to your club.** Equipment can be collected on either Saturday or Sunday. Equipment will need to be signed out.

Saturday

Saturday registration will be in the reception of Alan Higgs. Competitors, Officials, Helpers, and Spectators all need to register upon arrival. Equipment may be dropped off during registration. The following will be available to complete:

- Competition Sign in
- Programmes

Sunday

Sunday registration will be in the reception of Alan Higgs. Competitors, Officials, Helpers, and Spectators all need to register upon arrival. Officials and Helpers should register as early as possible



where they will be taken to their own isolation to begin briefing for the day.



General Information

Saturday Information

Warm up will take place between 10:30 and 11:00 on Saturday morning. Some lanes may be able to be used for warming up during breaks throughout the day, depending on how the day is running and if there is a suitable number of helpers – this will be confirmed on the day. There is a maximum limit of 20 swimmers per lane. Diving is to be in Lane 1 and 8 only. During the warmup time, it is likely that equipment will be installed to each lane, please exit the lane once equipment has been installed.

Marshalling will take place for all events. The commentator will call to marshalling which will be on the chairs on the balcony side of the pool. A one-way system will be used throughout the day, and it will be made clear and must be adhered to at all times. Please listen carefully for marshalling calls. You must be behind your block, ready to race on time. If you are late, we will start without you, and you will be disqualified. No bags or personal belongings are allowed to be on the poolside, everything must be kept in the spectators' balcony.

Electronic timing will be in use for all events on Saturday. Timing pads are placed at both ends of the pool and will record finish and split times. We will be aiming to carry out over-the-top starts for most events, to ensure smooth and fast running. Where this is the case, please wait in your lane to one side, well clear of the centre of the lane where the next competitor will be diving in. Please also ensure that you are a distance from the timing pad so as to not accidentally touch these once the heat has started and clear the water to the sides of the pool as quickly as possible.

The Scorer's Box is out of bounds for the whole weekend, except for Club nominees needing to deal with the Competitor Liaison. Competitors should not be approaching the Officials or Referees. The Competitor Liaison is the person to contact regarding decisions around disqualifications and appeals.

For Pool Lifesaver relay, teams are free to choose their own gender orders.

Saturday Food Information

Lunch will be provided to officials and helpers throughout the day. All dietary requirements should have been submitted to the organiser via the sign-up form.

Clubs that filled out the Saturday night food form have a place booked at Bella Italia in Coventry. Food has been pre-ordered by clubs and clubs can arrive from 20:00. Anyone that did not fill out the form will need to make their own food arrangements.

Sunday Information

Please remember to register upon arrival and head to isolation. Competitors will need to be supervised to use the toilets once isolation has closed.

The SERCS will be 2.5 minutes each.

SERC First Aid Kit requirements: FULL for Dry and FULL for Wet

Marshalling will be the same as on Saturday.



Electronic timing pads will not be used on Sunday.

The two speed events will be conducted across the 50m pool.

The Scorers Box remains out of bounds, except for Club nominees needing to deal with the Competitor Liaison.

Results and Presentations Information

We hope to have live results from Saturday speeds updated online. Event results will also be posted on the wall in the spectator area throughout the day.

Results will take place in the Function Room 1 of the Alan Higgs Centre on Saturday afternoon evening starting at 14:30.

Once competitors have been awarded their medals or certificates, please make your way to one side of the room for any photos, so that we can continue to present awards in a timely fashion.

Other Information

The competition is an official RLSS UK Recognised event.

Officials will be wearing white tops and referees will be wearing blue tops.

Head Referee – Bobby Anderson

DRY SERC Writers- Jazzi Howels-Smith and Elizabeth Hickman

WET SERC Writer – Mia Green

SERC Reviewers – BULSCA Judges Panel

Judges- Becky Crabbe, Oliver Coleman, Richard Evans, Charlotte Manning, Emma Smith, Ian Hutchings, Jazzi Howels-Smith, Chloe Warr, James Harris, Rachel Healey, Tom Winter, Chris Screeton, Reece Hawkins

Shadow Judging- Mia Green, Sarah Benson, Elizabeth Hickman, Joe Cole, Amy Parnell, Juniper Harper, Kit Owen-Smith, Finn Smallcombe



Heats and SERC Draw

Saturday

To access the heats for the various events on the Saturday, and to view the live results throughout the day, please use the following link - <https://live.lifesaving.events/>

Sunday SERC Draw

1. Nottingham A	9.Oxford A	17. Bristol A	25. Warwick D
2. Birmingham E	10. Warwick A	18. Birmingham D	26. Birmingham C
3. Warwick B	11. Southampton B	19. Warwick E	
4. Loughborough B	12. Nottingham B	20. Nottingham C	
5. Birmingham F	13. Sheffield A	21. Loughborough A	
6. Southampton A	14. Swansea B	22. Warwick C	
7. Birmingham B	15. Bristol B	23. Birmingham A	
8. Loughborough C	16 Swansea A	24. Swansea C	

Sunday Heats

	Heat 1	Heat 2	Heat 3	Heat 4
1		Birmingham F	Warwick B	Birmingham A
2		Southampton B	Southampton A	Swansea A
3		Birmingham D	Birmingham B	Loughborough B
4	Warwick E	Nottingham B	Birmingham C	Loughborough A
5	Warwick D	Birmingham E	Swansea B	Nottingham A
6		Warwick C	Bristol A	Loughborough C
7		Nottingham C	Bristol B	Warwick A
8		Oxford A	Swansea C	Sheffield A

SERC First Aid Kit requirements: FULL for both SERCS

Please come wearing your swimsuits underneath your clothes for isolation.



Thank You

Finally, thank you.

Thank you to all the Judges and Helpers, for without you, the competition simply wouldn't be able to happen, especially not in the manner it is.

Thank you to those who have taken additional roles, whether that be as Scorer, Timing Pad Operator, SERC Reviewer, Competitor Liaison, Referee, Deputy Referee, Photographer, Diver – the list goes on. Your invaluable skills help the weekend to run as smoothly as possible.

Thank you to the Alan Higgs centre for hosting our biggest competition of the year. And thank you Canley Community Centre for allowing us a place to sleep.

Thank you to the RLSS for recognising our competition, giving us equipment, and providing support where necessary.

Thank you to the BULSCA Committee and BULSCA Judges Panel, for keeping the competition on the right track and moving things forward when needed.

And a huge thank you to all the Competitors, Team Organisers, and Competition Secretaries, who have had tight deadlines and immeasurable patience in coordinating their attendance.

All your support and efforts are greatly appreciated.

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