

British Universities Lifesaving Clubs Association

Championships Rules
Version 1.0



**BRITISH UNIVERSITIES
LIFESAVING**



British Universities Life Saving Clubs' Association Championships 2009

1. Contents

1. Contents.....	1
2. Introduction.....	1
3. Your Squad.....	1
4. Reserves.....	1
5. Student Speed Lifesaving Nationals.....	2
6. Individual Speed Entrants.....	2
7. Student Nationals.....	3
8. RNLI.....	3
9. Seeding	3
10. Scoring.....	3
11. Protests and Appeals.....	4

2. Introduction

2.1. The British Universities Lifesaving Championships will be run according to the current BULSCA and RLSS Speed Championship Event rules at the time of the Championship. This is expected to be 2009 Speed Rules and BULSCA Competition Manual 4.1. Should these rule manuals not come out then the below shall be used:

- [RLSS National Speed Championships 2008 General Rules and Procedures](#)
- [BULSCA Competition Manual 4.0](#)

3. Your Squad

- 3.1. Must hold a current RLSS aquatic qualification (Bronze Medallion, Award of Merit, Distinction, NPLQ, NBLQ, Bronze Cross or Silver Cross). This qualification must be valid for the whole of the Championships, and shown before the closing date as noted on the Entry Pack.
- 3.2. Must be at least 18 years of age, unless consented by BULSCA.
- 3.3. Must fulfil the eligibility requirements as set out in the BULSCA Constitution v2.0 under section 5.2.
- 3.4. Can contain a maximum of 12 competitors (6 male and 6 female) or a minimum of 8. There is a limit of 3 squads per club entering.
- 3.5. In addition to the squad you **may** bring:
 - 3.5.1. Individual speed entrants (@£7..50 for up to 3 events, or £15 for 7 events).
 - 3.5.2. Maximum of 2 reserves (one of each sex).
 - 3.5.3. At least one body and one judge.
- 3.6. Non-BULSCA affiliated squads can be invited to compete in the Championships but cannot count towards the overall BULSCA Championships.

4. Reserves

- 4.1. If a reserve needs to be substituted into the squad **BEFORE** the:



- 4.1.1. Student Speed Lifesaving Championships it must be declared to the Championships Coordinator at least one day prior to the Championships, and would be a straight substitution. This will have no affect on the scoring throughout the Championships
- 4.1.2. Student Nationals, it must be declared to the Championships Coordinator prior to the day of the Student Nationals with the reserve form BULSCA_006 completed listing the changes of any teams necessary. The scoring is not affected for the Student Nationals, but the team will not count towards the overall Championships.
- 4.2. If a reserve needs to be substituted into the squad **DURING** the:
 - 4.2.1. Student Speed Lifesaving Championships it must be declared to the Championships Coordinator. The scoring is not affected for the Student Speed Lifesaving Championships or the Student Nationals, but cannot count towards the overall Championships.
 - 4.2.2. Student Nationals it must be declared to the Championships Coordinator, and would be a straight substitution. This will have no affect on the scoring of the Student Nationals, but the team will not count towards the overall Championships.
- 4.3. They may enter as an individual from £7.50.

5. Student Speed Lifesaving Nationals

- 5.1. Individual and relay events will be contested in each sex.
- 5.2. Teams for relays will consist of 4 members.
- 5.3. In the case of a club only being able to enter a small number of competitors, mixed teams may be entered.
- 5.4. Mixed teams must compete in the male squad events regardless of sex.
- 5.5. If a mixed team is entered, there must be an equal number of male and female or more male competitors.
- 5.6. For the individual events two competitors from each of the male and two competitors from each of the female squads can participate in any one individual speed event; however only the top finishing place for that squad will count.
- 5.7. For the relay event only one team from each male squad and one team from each female squad can undertake the event.
- 5.8. Each competitor must participate in an individual event. (Note: This includes being the Line Throw casualty).
- 5.9. A competitor can only enter the Individual 12m Line Throw as either the rescuer or a casualty.

6. Individual Speed Entrants

- 6.1. Non-squad competitors may compete in the Individual speed events completing the BULSCA_005 form.
- 6.2. Squad competitors can also enter as individual speed entrants in additional events; these events must be clarified by the entry deadline.
- 6.3. All individual speed entrants may obtain a Student Record however it has no affect on the Championships results and will add no points to the University's score.
- 6.4. Individual speed entrants may enter at any point up to the entry deadline but will be dealt with on a first come first serve basis.
- 6.5. Individual speed entrants must understand that the Championships Coordinator may not be able to accommodate them in all the speed events.
- 6.6. Non-squad individual speed entrants cannot compete in any squad events under any circumstances. This will result in the disqualification of the particular event.



7. Student Nationals

- 7.1. The **SAME** squad of 12 (minimum 8) must be organised into two or three teams of four, which still adhere to the current BULSCA competition rules.
- 7.2. The Student Nationals shall abide by the rules as set out in the current BULSCA Competition Manual.
- 7.3. The SERCs shall adhere to the current rules as set out in the BULSCA Competition Manual and shall be judged and bodied by a range of representatives.
- 7.4. Competitors may rearrange their original teams at the Student Nationals registration. If a reserve is used, refer to rule 4.1.2 and 4.2.2.

8. RNLI

- 8.1. There will also be an RNLI incident, which is separate from the BULSCA Championships and has an individual award to win.

9. Seeding

- 9.1. Seeding shall be used for the BULSCA Championships.
- 9.2. Times can be submitted for both individual and team events on the BULSCA_004 form.
- 9.3. Competitors and teams shall be ranked according to these entry times.
- 9.4. Competitors who do not submit any times shall be considered to have the slowest times.
- 9.5. Placement of competitors with identical times and placement of those without times, shall be determined by a draw.
- 9.6. Competitors for the 4 x 12m Line Throw relay and 4 x 50m Swim & 50m Tow relay in the Student Nationals shall be ranked according to the entry times of the 4 x 50m Swim & 50m Tow relay.
- 9.7. For the SERC the order of teams shall be determined by an independent draw.
 - 9.7.1. **ASSIGNMENT OF HEATS**
 - 9.7.1.1. Where events are conducted, competitors shall be seeded into heats according to submitted times in the following manner:
 - 9.7.1.1.1. If one heat: it shall be seeded as a final.
 - 9.7.1.1.2. If two or more heats: the fastest competitors shall be seeded in the last heat according to assignment of lanes detailed in 9.7.2. The next fastest competitors into the second last heat, and so on until all competitors have been allocated a heat and lane according to submitted times.
 - 9.7.1.1.2.1. The fastest 8 times will proceed to the final.
 - 9.7.1.2. The Championships Coordinator may make minor alterations to the seeding in order to balance the number of competitors in each heat.
 - 9.7.2. **ASSIGNMENT OF LANES** - Lanes shall be assigned by placing the fastest competitor or team in lane four of an eight-lane pool. (Lane one is on the right side of the pool viewed from the starting end.) The competitor having the next fastest time is placed on the left of the fastest, then alternating other competitors from right to left in accordance with the submitted times. Competitors with identical times shall be assigned lane positions by draw within the aforesaid pattern.

10. Scoring

- 10.1.1. Each event in the Student Speed Lifesaving Nationals will be weighted 1.
- 10.1.2. A non BULSCA affiliated squad or competitors are eligible to gain a medal position for individual events, being awarded a certificate but are discounted in the final medal



- places for the Student Speed Lifesaving Nationals, the Student Nationals and in the overall BULSCA Championships.
- 10.1.3. To score for the Student Speed Lifesaving Nationals the second fastest competitor from each University, in each event, is removed. The positions for the remaining competitors are transferred in to a score (i.e. 1st = 1 point, 2nd = 2 points, etc to the remaining positions).
 - 10.1.4. The scores received from 10.1.3. are added up for all the male events, and separately for all the female events to give the results for the male and female squads.
 - 10.1.5. The scores received from 10.1.4. are added up for each club to give the Student Speed Lifesaving Nationals results.
 - 10.1.6. Each University will gain a score based on their squad position in the Student Speed Lifesaving Nationals (e.g. 4th = 4 points).
 - 10.1.7. In the Student Nationals, the non-aquatic SERC is weighted 1 and aquatic SERC is weighted 2.
 - 10.1.8. In the Student Nationals, the 4 x 12m Line Throw relay and 4 x 50m Swim & 50m Tow relay are weighted 1 each.
 - 10.1.9. The Student Nationals shall be decided by placing each four person team in order of their results. The naming of teams A, B, C is arbitrary and any team can score points for the Championships or win the Student Nationals.
 - 10.1.10. The top two finishing teams from each University in the Student Nationals will be added together (e.g. 3rd & 6th = 9 points) and then ranked accordingly to this total (e.g. 6th = 6 points).
 - 10.1.11. These points will be added together with the Student Speed Lifesaving Nationals and weighted 1:1 (e.g. 4 + 6 = 10 points). The University with the lowest score will be placed first in the overall Student Lifesaving Championships and all other Universities ranked accordingly.
 - 10.1.12. For the Student Speed Lifesaving Championships a tie shall be awarded if the overall team points scores are equal.
 - 10.1.13. For the Student Nationals ties in the overall team point scores shall be broken using the following system.
 - 10.1.13.1. Ranking in the aquatic SERC
 - 10.1.13.2. Ranking in the non-aquatic SERC
 - 10.1.13.3. Most first-place final finishes
 - 10.1.13.4. Most second-place final finishes
 - 10.1.13.5. Most third-place final finishes...and so on.
 - 10.1.14. For the BULSCA Championships ties in the overall scores shall be broken using the following system:
 - 10.1.14.1. Ranking in the Student Nationals.
 - 10.1.15. If BULSCA are awarded BUC's (British Universities' and Colleges) status, it is this final score that will count for the BUC's points.

11. Protests & Appeals

- 11.1. Any protests and appeals will be followed as per the BULSCA Competition Manual.