

Crawley Open Challenge 2010



Invitation to Interclub Competition

To be held in the 50m, 8 Lane Pool at the K2 Leisure Centre, Crawley, RH11 9BQ
Electronic Timing

4 December 2010

Briefings start at 12 noon, SERC starts at 1.20pm
Interval 4.00pm to 4.45pm
Speed Events start 5.00pm

Teams to be a maximum of 6 Mixed (Any combination, each with min: Bronze Medallion)

Events include:

SERC (Incident)
6 x 50m Obstacle Relay
200m Obstacles (1 member)
4 x 25m Manikin Relay
50m Manikin Carry (1 member)
4 x 12m Line Throw Relay
12m Line Throw (1 member + body)
4 x 50m Medley Relay
100m Manikin Carry with Fins (1 member)
6 x 50m Freestyle Relay (With or without Fins)

For further information and entry forms contact:

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